

PRACTICING THE WAY

group host guide for city life church

*this guide is for the groups that will be running
privately in individuals homes*

Introduction:

what you can expect to hosting a group:

- 1) To launch your own group, you are responsible to gather / invite your group members.**

we recommend a group of 3-5 people to give ample time for dicussion.

- 2) Ensure your group members all have their companion guide.
See details on pg.7 on how to do so.**

please note: books will not be available at City Life for purchase.

- 3) This course is best practiced as a weekly group, to maintain the rhythm of the course.**

however you are welcome to adjust as needed for your group members.

- 4) In hosting the group, your main task is to provide a meeting space & help facilitate discussion.**

the course itself provides lots of great material that doesn't require leadership training at City Life. If there is ever discussion that arises that you feel inequipped to answer, please email office@citylifecc.ca for more help

Step One:

creating your account

1) in your web browser go to.
launch.practicingtheway.org

2) enter in your personal details to create your account – ensuring to type in “city life church leduc” when selecting what church you’re apart of.

3) select ‘get started’ once all your info is inputted.

Practicing the Way

First name Last name

Email

Password 

Confirm password 

☒ What church are you a part of?

City Life
5216 50th Ave, Leduc, AB



States
CO
Google Map Data Terms

What is your role in this church? *
Member 

☐ I'm not connected to a church right now

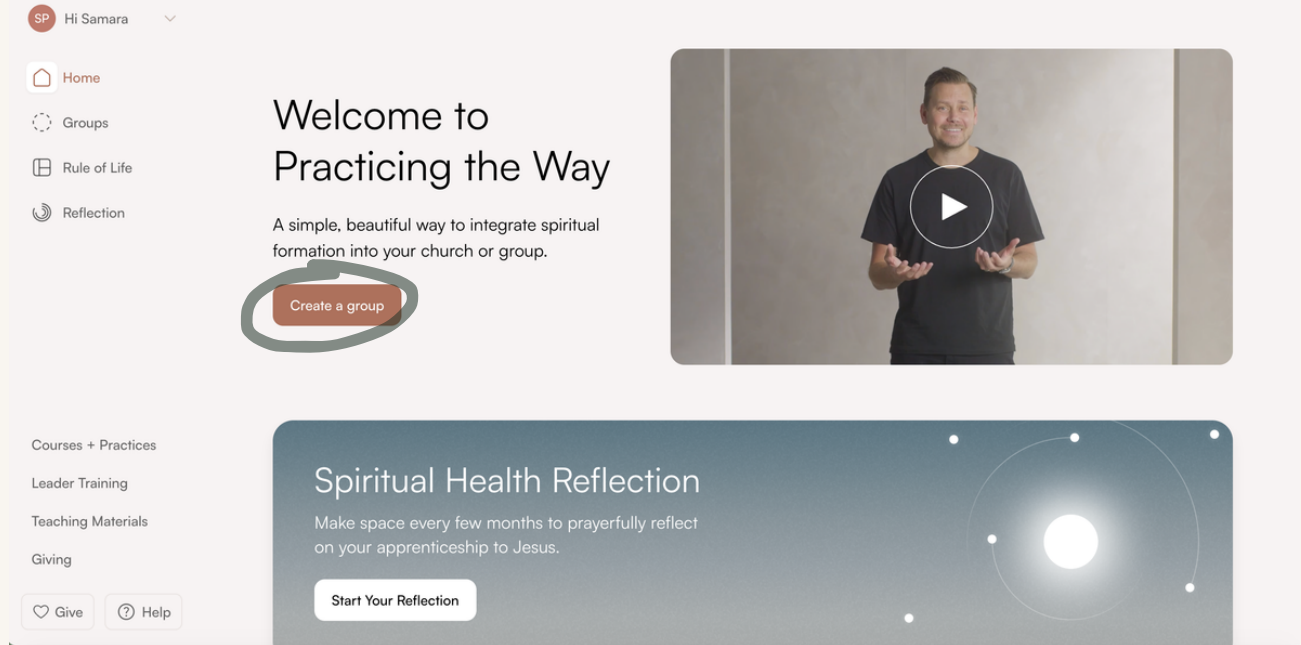
I'd like to receive emails from Practicing the Way ☐

Get Started

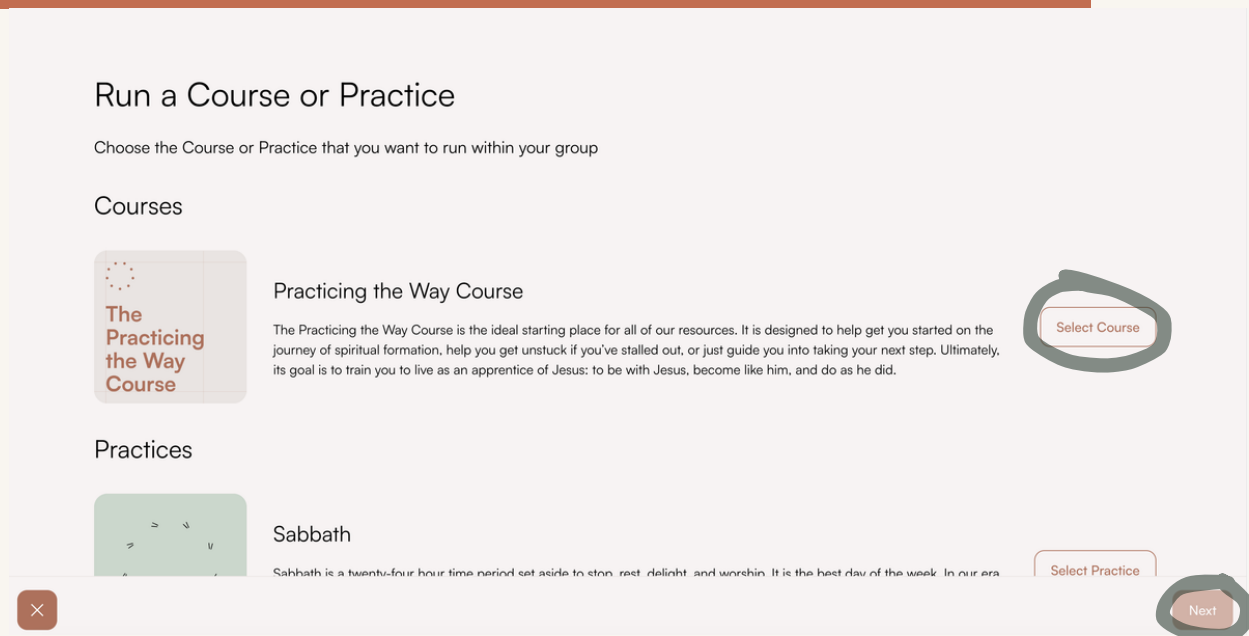
Step Two:

creating your group

1) on the homepage, select "create a group" under the "practicing the way" heading.



2) press 'select course' next to the "practicing the way" course" and press next



Step Two:

creating your group

- 3) set the schedule for your group.
select "yes" for running the group with city life
name your group
press 'next' once your info is all in

Run a Course or Practice

Create your schedule and set up your group.

- 1 Set your schedule**

Select the dates that your group will gather. You can adjust these dates later should something come up that affects your schedule.

 Weekly 
- 2 Are you running this with City Life?** ☒ Yes
- 3 Create a new group to run this practice with**

Name your group (e.g., "Wednesday Life Group" or "Ramirez Community Group"). Your participants will see this group name.
- 4 Enable group notifications?** ☒ Yes

Reminder email notifications will be sent to group members before each session. Each member can control their individual notification settings in their account profile.

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Next

- 4) add your group members by email and personalize your email invite if you wish – press 'run practice'

Run a Course or Practice

Review the group members and add or remove as needed.

- 5 Add Group Members (if necessary)**

Each member will be sent an invite to the group so that everyone can track together



 **Samara Prescott**

prescottsamara10@gmail.c... Group Leader
- 6 Personalize the Invitation Emails (optional)**

Add an optional message to be included in the invitation email.

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Run Practice



The Practicing the Way Course

Practicing the Way Course

The Practicing the Way Course is the ideal starting place for all of our resources. It is designed to help get you started on the journey of spiritual formation, help you get unstuck if you've stalled out, or just guide you into taking your next step. Ultimately, its goal is to train you to live as an

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Step Three:

accessing the video content

1) under the "groups" tab on the left side you can view the 8 week course session.

2) scroll down to view each session - the videos are available to watch on wifi or to download to your device

The image displays two screenshots of a web application interface, likely for a spiritual formation course.

Top Screenshot: "Test Group" Page

- Header:** "SP Hi Samara" (with a dropdown arrow), "Test Group", "City Life".
- Left Sidebar:** "Home", "Groups" (circled in green), "Rule of Life", "Reflection". Below these are links for "Courses + Practices", "Leader Training", "Teaching Materials", "Giving", "Give", and "Help".
- Buttons:** "Edit Group" and "+ Invite".
- Members:** A section titled "Members" with several placeholder circles.
- Main Content:**
 - Image:** "The Practicing the Way Course" logo.
 - Title:** "Practicing the Way Course".
 - Description:** "The Practicing the Way Course is the ideal starting place for all of our resources. It is designed to help get you started on the journey of spiritual formation, help you get unstuck if you've stalled out, or just guide you into taking your next step. Ultimately, its goal is to train you to live as an apprentice of Jesus: to be with Jesus, become like him, and do as he did."
 - Buttons:** "Upcoming", "Start Date October 2, 2026", "Edit Dates", and a "Companion Guide" button with a download icon.

Bottom Screenshot: "Session Schedule & Videos" Page

- Header:** "SP Hi Samara" (with a dropdown arrow), "Session Schedule & Videos".
- Left Sidebar:** "Home", "Groups", "Rule of Life", "Reflection". Below these are links for "Courses + Practices", "Leader Training", "Teaching Materials", "Giving", "Give", and "Help".
- Main Content:**
 - Next:** "October 2, 2026".
 - Session List:**
 - Following Jesus** (with a right arrow): "Following Jesus is more than going to church or believing the right things; it is practicing a way of life. The meaning of 'follow Jesus' is rooted in 1st-century practices of rabbis and apprentices, practices that inform our understanding of how to follow Jesus today."
 - October 9, 2026**: "Formation Part 01" (with a right arrow).
 - October 16, 2026**: "Formation Part 02" (with a right arrow).
 - October 23, 2026**: "The Practices" (with a right arrow).
 - October 30, 2026**: "Meeting" (partially visible).
 - Session Video:** "Session Video 28:06" with a "Download" button. The video player shows a landscape with a river and trees, with the text "The Practicing the Way Course" and "SESSION 01 - Following Jesus".

**there is a downloadable PDF companion guide available for users who may wish to use their iPad or Tablet device.*

Step Four:

ordering the books

1) each user will need their own copy of the “practicing the way course companion guide”

the books are available on amazon for \$40 and are available here > <https://a.co/d/07s9OozW>

make sure you order the book that looks like this image below as there is another book that is titled similar but is not the companion guide.



The Practicing the Way Course

Companion Guide

An Eight-Session Primer
on Spiritual Formation

John Mark Comer and Practicing the Way

****you can bulk order for your entire group & workout payment with them, or direct each member to the amazon link to order the book themselves.***

Step Five:

leader training (optional)

1) under the “leader training tab” on the left side, you can access tips & tricks on how to run the group.

2) there are tools on how to host & coordinate the group, create discussion, and any other FAQs

SP Hi Samara

Leader Training

Explore guidance and best practices for walking your community through our formation resources.

Customize my training

Courses + Practices

- Leader Training
- Teaching Materials
- Giving

Give Help

SP Hi Samara

Courses + Practices

- Leader Training
- Teaching Materials
- Giving

Give Help

FOR DISCUSSION HOSTS

Session 01 • 6min
How to Host the Practicing the Way Course

Session 02 • 5min
How to Host the Practices

Session 03 • 5min
Creating Space for Meaningful Discussion

FOR COORDINATORS

Session 01 • 6min
How to Run the Practicing the Way Course

Session 02 • 7min
How to Run the Practices

Session 03 • 4min
Four Keys to Coordinating a Great Experience

<https://launch.practictheway.org/training/creating-space-for-meaningful-discussion?autoplay=1>

**watching these videos is not necessary, but if you're feeling like you have questions or need directions, these can help you out as you prepare.*

Closing Notes

Thank you!

Two thousand years ago, Jesus said to his disciples, "follow me." But what does it mean for us to follow Jesus today?

The Practicing the Way Course is an on-ramp to spiritual formation, exploring what it means to follow Jesus and laying the foundation for a life of apprenticeship to him.

We are really excited for what God is going to do in this next season at City Life Church as we run the practicing the way course.

Our hopes are that as a church, we would continue to be with Jesus, become more like Jesus, & carry out His mission to this world around us.

Thank you for taking this step to be a group host and taking the time to be part of what we anticipate will be a meaningful time of discussion, growth, and spiritual transformation.

If you have any questions, feel free to email us at office@citylifecc.ca